

BLEACH BATH

INSTRUCTIONS

Bleach Baths are often used to keep the skin from becoming infected with bacteria. They are very effective and safe if done properly.

- Add ½ cup of bleach to a full tub of water and mix prior to entering the tub
- Soak neck down in tub for 20 minutes and use a white cotton cloth to cleanse the body. Make sure you cleanse your armpits, belly button and perianal area.
- Face can be cleansed with washcloth but do not submerge face and avoid contact with the eyes.
- After your bath, you may rinse and with gentle soap. We recommend Vanicream Bar Soap or Free and Clear Cleanser.
- After drying, generously apply Vanicream Cream to entire body.

Bleach baths should be done 2-3 per week for _____ weeks

Infection Control and Prevention

Dangerous bacteria can live undetected on areas of the body without causing symptoms until there are openings or breaks in the skin. To eradicate these bacteria and decolonize the skin, apply a prescription cream to the following areas using a separate cotton swab for each area:

- Anterior nares: this is the front part of the inside of your nose (must insert swab and angle forward to get the medication in the correct area)
- Axillae: underarms
- Umbilicus: bellybutton
- Perianal area: this is the skin around your anus.

Apply Bactroban/Mupirocin ointment 2 times per day for 3 Weeks