

Sylfirm X

FREQUENTLY ASKED QUESTIONS

The Benefits of SYLFIRM X:

- Minimal to mild discomfort for patients
- Immediate tightening results
- Minimal downtime

Targets

- Mild to moderate skin sagging
- Mild to moderate volume loss
- Acne scarring
- Fine lines and wrinkles
- Melasma
- Hyperpigmentation
- Stretch marks

Why Sylfirm X?

Sylfirm X, our chosen device, is the only RF Microneedling device that is capable of treating discoloration (hyperpigmentation, redness and broken blood vessels) AS WELL AS skin tightening in the same appointment. We chose Sylfirm X because it provides better results with less pain and less downtime than its competitors.

How long does the treatment last?

The treatment takes between 60-120 minutes depending on the area(s) being treated.

When will I see results and how long will they last?

- Following your first treatment, your skin will feel tighter.
- The majority of the results will show between your 2nd & 3rd treatment.
- You will continue to build collagen for six months to a year.
- You can protect your results by using daily sun protection and quality skincare products.

How many treatments do I need?

We always recommend an initial package of 3 treatments spaced 4-6 weeks apart. After that, maintenance treatments are recommend. Timeline & frequency will vary per patient.

Does it hurt?

Patients report minimal to mild discomfort, with sensations of tingling and heat from the radio frequency.

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Will Sylfirm X work for me?

Sylfirm X is an excellent treatment for all skin types and all ages. Unlike some other laser treatments, it can be used safely on all skin tones, including tanned skin and dark skin tones.

How should I prepare for my appointment?

- Discontinue any topical agents that may increase sensitivity of skin 3 days prior (ex. retinoids, hydroquinone, benzoyl peroxide, & acne products)
- Avoid filler 4 weeks prior
- Avoid Botox 1 week prior
- Avoid a spray tan or self tanning the area 1 week prior

Aftercare Instructions

- ✗ Avoid strenuous exercise for the next 24 hours
- ✗ Avoid makeup for 24 hours
- ✗ Avoid scrubbing, exfoliation, & harsh skincare products for at least 3 days
- ✗ Avoid direct sunlight for 2 weeks
- ✗ Avoid undergoing treatments or procedures that require a facedown position (massage, acupuncture, etc.) for the next 2-3 days
- ✗ Avoid filler & botox treatments for 2 weeks

You are not a good candidate if you...

- Are on Accutane
- Have an active cold sore breakout on treated area
- Have a skin infection
- Have active psoriasis or eczema on treated area
- Are receiving chemotherapy or radiation therapy
- Are pregnant
- Have a history of keloid or hypertrophic scarring
- Have mesh facial implants or metal around treated area
- Have a pacemaker
- Are taking steroids or have had a steroid shot recently

! Please notify us if you are sensitive to Lidocaine