

# Wellness Program FAQs

## **How much does it cost?**

\$300/month Semaglutide compound

\$450/month for Tirzepatide compound

*paid in full at each monthly visit*

This is a flat rate price that includes your medication and monthly wellness visits with your provider. There is not a start up fee for your first visit. The only additional cost will be bloodwork performed at your first appointment and every 3 months after that. This will be billed to your insurance. If insurance does not cover your bloodwork, the cost will be billed to you directly from the lab.

## **What does the Wellness Program entail?**

The Wellness Program includes a personalized approach that uses Semaglutide or Tirzepatide compounds along with diet, exercise, and a healthy lifestyle to achieve your wellness and weight loss goals.

## **How many months will I need to participate?**

Your healthcare provider will create an initial treatment plan during your consult based on your goals. You will come to our office monthly for monitoring, with long term treatment plan evaluations every 3 months.

## **What are the next steps after my first visit?**

Your injections will be shipped to you directly. It will contain a 1-month supply of medication along with all supplies needed for administering. During your first visit, your provider will demo the process and make sure you are comfortable with at-home injections. We will also provide you with instructions including a video.

## **Do I have to be seen every month to get my prescription or can you just call it in?**

Monthly visits are required to obtain medication.

## **Are results permanent?**

Results can be maintained with a healthy, balanced diet and regular exercise. Results vary from patient to patient.

*\*Disclaimer: The overall Wellness program and recommendations of diet and exercise must be used in conjunction with Semaglutide or Tirzepatide compounds. We cannot guarantee results if all recommendations are not followed.*

# Wellness Program

## Program Benefits

- Increase your energy
- Convenient and easy to use
- In combination with diet, exercise, and a healthy lifestyle, when clinically appropriate, Semaglutide and Tirzepatide can help you achieve your wellness and weight loss goals
- **Ask your provider about other important health benefits**

## What are Semaglutide & Tirzepatide?

### SEMAGLUTIDE

Semaglutide, recognized as a glucagon-like peptide receptor agonist (GLP-1 RA), is the active ingredient in Wegovy® which is FDA-approved for long-term weight management.

### TIRZEPATIDE

Tirzepatide is an innovative dual GIP/GLP-1 receptor agonist with the same active ingredient in Zepbound™ which is FDA-approved for chronic weight management in adults with obesity or who are overweight.

## Program Services

- Personal Assessment & Treatment Plan
- Professional Labwork
- At-Home Injection Training
- Nutrition & Exercise Counseling
- Ongoing Monitoring

## We're in this together

Your decision to join our Wellness Program means selecting a partner in your journey towards better health, backed by a track record of excellence and a dedication to enhancing both your physical and emotional well-being.