

## Wound Care Instructions

**Shave Biopsy | Punch Biopsy | ED&C of Lesion "Burn & Scrape" | Cryotherapy "Freezing"**

1. Cleanse the wound with gentle soap and water once a day. Do not scrub the area.
2. Apply Vaseline or Polysporin (NOT NEOSPORIN) to the biopsy site twice daily and cover with a bandage for 1-2 weeks or until healed. Some patients develop an irritant or allergic reaction to bandages. If this occurs, use paper tape and gauze.
3. It is normal for the site to be red, but if you notice any signs of infection such as fever, foul smelling drainage, or marked redness, swelling, or intense pain, call our office.

**You have a stitch/stitches that need to be removed in \_\_\_\_\_ days at our office**

All biopsy specimens are sent to a pathology lab for evaluation. Charges incurred by pathology services are billed separately from your Forefront Dermatology office visit, through the Skin Pathology Associates lab. Charges will reflect your insurance policy's coverage of pathology services.

## Biopsy/Lab Results: What to Expect

### What about my pathology or lab results?

**OUR TEAM WILL CALL YOU if your results require further treatment or discussion. Do not be alarmed if you receive results in your portal before our team has called you to discuss them. You may call us at the phone numbers below for more information. If your results are considered benign, our team will not call you.**

**IMPORTANT!** \* Text RESULTS to 205-627-4207 OR Call 205-980-6205

### When will I get access to my portal?

After your visit today you will get an email from "Patient Portal" with an activation link. The link expires after 72 hours. If you miss the window, enter your username and click "Forgot My Password" to get a new link. If you need help, call or text 205.627.4207.

**\*Note: If your results are considered benign, you will not receive a call from us.**

With the automatic release of test results to your electronic medical record, it is possible that you will see results in your record before us. Your treating clinician's team is trained to interpret your results based on your specific medical history and condition, and to reach a proper diagnosis and develop a proper treatment plan. To avoid unnecessary concern, we encourage you to speak directly with our office about any new results that appear in your medical record. Please note that seeking advice regarding your condition from someone other than our office may lead to potential misinformation and unnecessary concern.

### Where do I access my portal?

[forefrontdermatology.ema.md](http://forefrontdermatology.ema.md)

### What is my username?

your email address OR \_\_\_\_\_

\*One email address per portal. If patient does not have their own email address, please request a username to be created by a member of our team.

## Medication Information

To make your prescriptions as affordable as possible, we often use specialty pharmacies that automatically apply coupon cards to your cost. Shortly after your visit, these pharmacies will contact you to collect your insurance information and address in order to ship your prescription to you within 24-48 hours.

**\* Prescriptions written at your appointment today will be electronically sent to the pharmacy by 6pm.**

Diagnosis \_\_\_\_\_

Medication \_\_\_\_\_

Area \_\_\_\_\_

Sample    or    Prescription

Your Pharmacy      PharmSouth Pharmacy      Other Pharmacy

Diagnosis \_\_\_\_\_

Medication \_\_\_\_\_

Area \_\_\_\_\_

Sample    or    Prescription

Your Pharmacy      PharmSouth Pharmacy      Other Pharmacy

Diagnosis \_\_\_\_\_

Medication \_\_\_\_\_

Area \_\_\_\_\_

Sample    or    Prescription

Your Pharmacy      PharmSouth Pharmacy      Other Pharmacy

Diagnosis \_\_\_\_\_

Medication \_\_\_\_\_

Area \_\_\_\_\_

Sample    or    Prescription

Your Pharmacy      PharmSouth Pharmacy      Other Pharmacy

### NOTES

#### **PharmSouth Pharmacy**

34 Manning Place, Birmingham, AL 35242  
[pharmsouth@gmail.com](mailto:pharmsouth@gmail.com)

Phone: (205) 991-5265

This is a specialty pharmacy that tends to have  
 the best pricing for prescription  
 dermatological medications.  
 Ships medications for free and located in Mt.  
 Laurel.